

THE BELVEDERE SPA EXPERIENCE

Nestled in the heart of Mykonos, the Belvedere Spa is a sanctuary of Cycladic serenity, intimate, refined, and inspired by the natural purity of the Aegean. Our treatments honor Greek heritage while embracing modern wellness, blending local botanicals, warm herbal compresses, marble stones, and advanced modalities such as LED therapy and cryo sculpting.

Crafted exclusively for our boutique environment, the Belvedere Signature Collection brings together the essence of island living: sunlit simplicity, sea-kissed clarity, and the quiet elegance that defines the Belvedere Hotel.

Each experience is thoughtfully designed to restore balance, nourish the senses, and reveal a radiant, timeless glow — the very spirit of Mykonos.

BELVEDERE SPA MENU

Signature Experiences Inspired by the Purity,
Light & Heritage of Mykonos



BELVEDERE
SIGNATURE
COLLECTION

BELVEDERE SIGNATURE FACIAL

AEGEAN FRESHNESS FACIAL

75 minutes • € 190

Designed for instant radiance and long-lasting firmness. This anti-aging facial hydrates with pure aloe, plumps the skin with collagen infusion and warm herbal compresses, boosts elasticity using LED red light, and reduces puffiness with a cooling cryo-sculpting finish — leaving the complexion refined, toned, and luminous with the purity of Cycladic light.

BELVEDERE SIGNATURE MASSAGE

WIND & STONE RITUAL MASSAGE

60 / 90 minutes • € 175 / 225

Cycladic stone and the silent poetry of the Meltemi wind inspire this elevated signature ritual. Warmed marble stones are expertly placed to dissolve profound muscular tension, while slow, continuous wave-like movements with precious olive-leaf infused oil restore energetic flow and sensory calm. Finely selected crystals are placed along the chakras with intention, each one attuned to the body's subtle energy centers, guiding alignment, emotional refinement, and deep inner coherence. This experience unfolds as a quiet ceremony of renewal—anchoring the body elevating the spirit, and leaving you enveloped in profound, radiant stillness.

AEGEAN HARMONY RITUAL

90 / 120 minutes • € 265 / 315

A full-body immersive experience uniting the sea, sun, and botanicals of the Aegean. Begin with a mineral-rich sea salt polish, followed by a soothing aloe & herbal wrap. Continue with the Wind & Stone Signature Massage, and close with a cooling cryo facial finish. The result is complete rejuvenation — a harmonizing journey of body, mind, and spirit.

ADD-ON ENHANCEMENTS

CRYO SCULP BOOST

15 min – Extra lifting & contouring € 25

RED LIGHT THERAPY RADIANCE

30min – Enhanced collagen activation € 50

COMPRESSOR BOOTS

30 min – Revitalize muscles € 50

ALOE SCALP & HAIR RITUAL

15 min – Cooling hydration € 25

BIOHACKING RECOVERY

COMPRESSOR BOOTS EXPERIENCE

15 / 30 / 60 minutes • € 30 / 50 / 75

Indulge in a revitalizing leg therapy designed to enhance lymphatic drainage, improve circulation, and ease muscle fatigue. This treatment promotes detoxification while restoring a sense of lightness and wellbeing.

RED LIGHT THERAPY RADIANCE

30 / 45 / 60 minutes • € 50 / 65 / 75

A deeply rejuvenating treatment using advanced red and near-infrared light technology to stimulate collagen production and enhance cellular renewal. This gentle yet powerful therapy improves skin tone, softens fine lines, and restores a radiant, youthful glow promoting relaxation and overall wellbeing.



MESSAGES

MOVEMENT RESTORATION

90 minutes • € 175

Improve mobility and flexibility with a full body massage combining pressure point techniques with gentle stretching to increase the range of motion and allow the body to release built-up tension.

DETOX

60 / 90 minutes • € 145 / 175

An energizing massage focusing on the upper legs, glutes, lower back, hips and abdomen. It uses dry brushing and silicon cups to stimulate circulation, improve skin tone and elasticity, and it helps reduce the appearance of cellulite by breaking down adipose tissue and reducing fluid retention.

DEEP MUSCLE RELEASE

60 / 90 minutes • € 145 / 175

This massage releases stress, eases muscles tension, boosts circulation and improves mobility, as well as muscle and skin tone. It targets the areas of concern specified by a guest and works therapeutically into deeper muscle layers, trigger points with gentle, pressure and release techniques. Silicone cups, hot stones or warm compresses might be used in the treatment, depending on the individual's need.

BALANCING MASSAGE

60 / 90 minutes • € 145 / 175

A fully personalized treatment based on each guest's needs and desired results. It uses a combination of flowing, soothing, rhythmical and medium pressure movements on the specified areas of concern to relieve muscle tension and to bring about a balanced, calm and stress-free state of being.

PREGANCY MASSAGE

60 / 90 minutes • € 145 / 175

A full body, advanced massage tailored to the needs of the individual. Combining Eastern and Western techniques, including very gently stretching nurturing strokes to promote relaxation and ease discomfort in the body.

BLISSFUL MARMA MASSAGE

90 minutes • € 175

A deeply relaxing massage using long and firm flowing movements of various pressure to eliminate stress-related tension, while Marma therapy and chakra balancing align vital energy centers. Enriching oils with powerful active benefits are applied to balance the heart chakra and enhance overall well-being. Using Subtle Energies.

TENSION SOOTHER

30 / 60 minutes • € 75 / 145

A reviving back, neck and shoulders massage using therapeutic trigger techniques to relieve muscle tension and restore mobility and alignment of the back and spine.

RELAXED FEET

30 / 60 minutes • € 75 / 145

Restore the body's balance and release aches and pressure in the feet with this signature treatment using a fusion of massage techniques on the meridian lines of the legs and zones of the feet.

HEAD MASSAGE

30 / 60 minutes • € 75 / 145

A deeply relaxing oil-based massage of head, neck and shoulders using cranio sacral techniques to ease tension in the muscles and fascia of the head and upper body, and induce a deep sense of calm.



FACIALS

24k GOLD AGE - DEFYING FACIAL

60 / 90 minutes • € 175 / 195

Invigorate the skin and restore emotional balance with this exotic facial using the healing properties of Mogra, the Queen of Jasmines, to boost collagen production and stimulate cell renewal. Combined with the restorative powers of 24k gold leaf, this sensory experience penetrates and revives the deep layers of the skin, reducing fine lines and wrinkles. This treatment uplifts the spirit and creates a positive glow from inside and out. Using Subtle Energies.

SOOTHE AND ENRICH ADVANCED ANTIOXIDANT FACIAL

60 / 90 minutes • € 165 / 185

Designed for dry, sensitive or damaged skin, this intensely calming and restorative facial delivers a nutrient rich elixir to revitalize the aging skin. Following a deep cleanse and purification, the skin is infused with advanced antioxidants and essential fatty acids to fight free radical damage, protecting it from the visible signs of aging. The relaxing and soothing Marma massage delivers an active serum of neem, coriander seed and rhu khus to increase collagen and hyaluronic acid production, before a botanical hydration mask locks this precious moisture into the skin. Using Subtle Energies.

THE 'NEXT DAY' RECOVERY AND RESTORE

30 minutes • € 75

Put your skin and senses into an instant state of recovery and repair with this replenishing and purifying facial. Combining cooling antioxidants and cell renewal actives with Marma massage techniques, it releases tension, improves blood flow and evokes a sense of deep relaxation. Using Subtle Energies.

GENTLEMAN'S FACIAL

30 / 60 / 90 minutes • € 75 / 145 / 165

This deeply hydrating and nourishing facial restores natural vitality to the skin. Ideal for most skin types, it combines the nature's best actives with gul heena, neen and carrot seed oil, which is known for its firming properties. A great option for men, leaving skin more revitalized, supple and resistant to the effects of urban living. Using Subtle Energies.



BODY TREATMENTS

AFTER PARTY DETOX

90 minutes • € 175

Enjoy a stimulating, full body massage paying special attention to tired dancing feet. This energizing treatment continues with a body wrap that combines local ingredients of cinnamon leaf, local honey and fine sand from the Aegean Sea; all of which have an anti-inflammatory effect on the body.

This treatment is enhanced with a soothing facial massage using cool gua sha tools to reveal a fresh, radiant complexion.

RASAYNA DETOX BODY WRAP

90 minutes • € 185

Revitalize and tone the body with this purifying treatment starting with a zesty exfoliation using essential oils with cinnamon powder and walnut shells. It continues with a mineral-rich clay mask infused with powerful herbs of spiked ginger lily, spirulina and green tea to detoxify the skin.

This experience concludes with the application of customized and aromatically infused body butter, lotions or oils to provide intense nourishment, leaving the skin glowing and the body reenergized. Using Subtle Energies.

PEARL-INFUSED REMINERALIZING

BODY MASK

90 minutes • € 185

Experience the power of pearls with this exceptional treatment which delivers multi-sensory results. Starting with a skin-softening exfoliation, the journey continues with a mineral-rich body mask infused with active ingredients of pearl and conch shell extracts to stimulate and regenerate skin cells. While being cocooned in the mineral mask, the signature facial Marma massage releases tension and stress, using potent anti-aging actives of mogra and Indian rose. Using Subtle Energies.

AFTER SUN GLOW

90 minutes • € 145

Soothe, nourish and repair the skin with this deeply cooling and hydrating treatment. Ideal for dry, sun-exposed or damaged skin, this calming face and body therapy includes a localized application of hydration mask enriched with aloe vera to reduce redness, while its antioxidant properties help fight free radical damage. It concludes with the application of intensive serum and butter to restore skin cells plus an antioxidant facial. Using Subtle Energies.

BODY SCRUB

Stimulating / Detoxifying / Soothing

30 minutes • € 75

BODY SCRUB AND MASK

Detoxifying / Nourishing

90 minutes • € 175

STEAM ROOM

Pause, reflect and take a deeper breath inhaling the natural essences. 45degrees C

30 minutes • € 20



RITUALS

THE RECOVERY TRAVELLER

120 minutes • € 225

To bring the body into balance and assist with sleeping patterns and energy levels

This customizable jet lag journey includes Marma work, lymphatics and a bronze kasa bowl technique to draw out excess heat. Working on the individual needs this treatment can be used to awaken or to help bring about a restful slumber. Assists in releasing any fluid retention and strengthens the immune system after a long flight. Using Subtle Energies.

REJUVENATE & RESTORE JOURNEY

120 minutes • € 225

For stress relief and emotional balance

Mogra ans Ashwagandha, combined with a potent dose of 24K Gold, stimulate cell renewal and promote collagen and elastin production. The rare quality of Himalayan Rose restores balance to stressed skin and to the heart chakra. A full body Blissful Marma massage soothes anxiety and hormonal imbalance, while easing muscle tension. This treatment is ideal synergy of deep relaxation and mind/body rejuvenation. Using Subtle Energies.

DETOX & ADRENAL BOOST JOURNEY

120 minutes • € 225

For purification and stimulation

A comprehensive purification process using Tulasi, Wild Tumeric and Indian Lime that work towards blood purification, energizing the lymphatic system and cell renewal. That journey begins with a full exfoliation, followed by a toning detox wrap and concludes with massage that will release tension. Using Subtle Energies.

WELLNESS JOURNEYS

RADIANCE

4 hours • € 390

Body Scrub, Facial, Manicure and Pedicure

DE-RENEW

2 hours + 30 minutes • € 325

Body Scrub and Mask, Head Massage,
Relaxed Feet

PURIFYING

3 hours • € 425

Detox Massage, Facial Treatment,
Detox Cleansing Ritual

COUPLES JOURNEY

2 hours + 30 minutes • € 620

Foot Cleansing Ritual, Massage,
Antioxidant Facial, Relaxed Feet Spa
Refreshments

VITALITY

2 hours • € 300

Body Scrub Tension Soother Pedicure



BEAUTY

MANICURE

60 minutes • € 70

PEDICURE

60 minutes • € 80

NAIL POLISH APPLICATION

30 minutes • € 35

SPA OPENING HOURS

Daily 11:00 am to 9:00 pm

SPA RESERVATIONS

For spa enquiries or reservations, please contact the spa reception directly. Advance bookings are recommended to secure your preferred treatment time.

PRIOR TO ARRIVAL

We recommend that you leave all jewelry and valuables in your room safe before coming to the spa. Male guests are advised to shave prior to all facial treatments to ensure that maximum results are achieved.

ARRIVAL

Please arrive 15 minutes prior to your treatment in order to complete your health assessment form.

CONSULTATION

Personal consultations are offered to determine your specific needs and to allow us to design your treatment experience or a more comprehensive spa schedule.

LATE ARRIVALS

Out of respect for other guests' reservations, please be aware that we are unable to extend your treatment time in case of late arrivals.