



## **Katrina Valente, Facialist and Holistic Aesthetician**

**July 22 to August 4, 2019**

### **Eminence Organic Facial with Seaweed Collagen Mask**

**75 minutes / EUR 360**

Bespoke treatment can be used for all skin types to exfoliate, nourish and energize the skin. Lots of hands on massage to stimulate the blood flow.

### **Derma-pen Meso-therapy, 75 minutes / EUR 390**

This is a clinical and comprehensive facial which infuses vitamins into the dermal layers of the skin through micro needling. It's superb anti-aging treatment with long term results, leaving the skin feeling renewed, fresh and glowing.

### **Shamanic Reiki Healing, 90 minutes / EUR 300**

A hands-on, ancient healing technique which transfers energy and reawakens the true self. Katrina combines Reiki with the Access Bars technique, Colour therapy and Tarot, assisting with everything from relationship problems to career advice.

### **Altearah Bio Colour Facial, 75 minutes / EUR 320**

Using the latest neuroactive technology, organic essential oils and examination of your aura, this treatment balances emotion. Experience deep healing with a facial massage and soothing algae mask.

### **DMK Facial lifting 75 minutes / EUR 390**

This is a trending treatment right now, DMK offers an instant lift using three, natural, active enzymes. Applied in layers which tighten on the skin, the results are immediate. During this 75-minute treatment Katrina will offer Reflexology as the enzymes work their magic.

**Six Senses Spa Mykonos at Belvedere Hotel**

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### **Raindrop Back & Foot Massage 75 minutes / EUR 300**

Sequence of 9 organic essential oils are dropped onto the spine and then a thorough massage follows for 30 minutes then Katrina puts the oils on the feet and Reflexology is done for another 30 minutes. This has been proven to re-align the electromagnetic field of the body. Super powerful treatment and very good for highly stressed individuals.

### **Colour Therapy Massage, 75 minutes / EUR 250**

Realign the chakras with this full body, back and foot massage using a combination of Altheah organic essential oils mixed in alignment with the vibrations of each Chakra. A deeply relaxing treatment, it works in harmony with your aura.

### **Time regression therapy 60 minutes / EUR 240 - 90 minutes / EUR 350**

This therapy heals past drama, which is stored in the subconscious mind. Working on a particular situation, Katrina will take you back to the first time you ever felt guilty, fear, anger, sadness or hurt and will clear it. Extremely powerful therapy with immediate results.

### **Miracle Method, 60 minutes / EUR 230 - 90 minutes / EUR 350**

Harnessing the power of the subconscious using colour therapy, Katrina clears spiritual blocks and negative energy, treating everything from chronic pain to emotional issues. Profound changes have been experienced after only one session.

### **Paprika Detoxifying Facial, 60 minutes / EUR 250 - 90 minutes / EUR 350**

This organic facial oxygenates and detoxifies the skin, leaving it fresh, invigorated and firm. The use of several different masks including seaweed is individually illuminating.

### **DMK Instant Body Lift**

#### **75 minutes/ EUR 300 (Legs and Buttocks) - 75 minutes/ EUR 400 (Legs, Buttocks and Stomach)**

This effective enzyme smooths skin, tightens and gets rid of water retention and cellulite reduction instantly. Leaves skin like silk.

### **Metamorphosis to a new you, 3.5 hours / EUR 800**

This journey includes three treatments combined; Miracle method, Raindrop massage and an illuminating Facial.



#### **About the practitioner**

Katrina Valente is a beauty expert and facialist who focuses on creating inner piece, radiating outer beauty. During her final treatments she uses modalities such as Colour Therapy, Crystal Healing and Reflexology. Originally beauty trained, Katrina studied for 5 years at the world renowned Burghley Academy. Drawing on her understanding of skin care and healing arts, uplifting facials are an inner journey towards healing. She will offer her most popular treatment, the "Miracle Method" in which she assists to clear blocks in life, within careers, relationships, finances, and health. Katrina is available to explain her methods and create personalized treatments.

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