



SIX SENSES SPA

MYKONOS

Alchemy Secrets Mastery

Eleana Danilevskaya Holistic rejuvenating practitioner and spiritual tutor

Meet Eleana Danilevskaya

Enhance the experience of your luxury accommodation with Eleana's ethnomedicine holistic approach to well-being, where curing is believed to be at once deeply spiritual and empirically oriented, addressing problems of the body, spirit, and mind.

Immerse yourself in alchemistic mastery rituals; face and body work; and therapeutic body energy and healing practices to align yourself with your own highest potential and discover a sense of renewed relaxation. Evolved from ancient wisdom and modern apothecary, Eleana's core face and body treatments are based on products that are merging the highest-grade quality of organic natural plant-based ingredients, sourced for their beneficial nutrients to nourish you from skin to spirit.

Graduated in Holistic Aesthetics and as a Health and Rejuvenating practitioner in Russia and Greece, Eleana also has been trained in the art of practical spirituality and the healing techniques of the ancient civilizations of Anahuac (Aztec), in Mexico, while her extensive experience in spa and wellness industry allow her to develop her own concept based on unique combination of modern science and ethnomedicine of various cultures. Eleana is fluent in English, Greek, Russian and basic Spanish.



Voyage Recovery and Restoration Ceremony, 105 minutes / EUR 245

A sacred ancient alchemy ritual to enhance a grounded connection to earth, eliminate toxins and recharge body and skin. Take a moment for yourself, recover your whole-body system after a stressful period or a long trip to Mykonos, bestowing a magnificent charge of positive vibration and energy, while ensuring strength during your stay.

This top to toe face and body treatment starts from an Aura cleansing ritual with Wild Holly Woods & Crystalline medicine and a foot soak, followed by healing body wrap and a herbal facial with Gua Sha massage during wrap.

A relaxing herbal pouch back, head and scalp, neck and shoulders massage with foot detox trigger point stimulation completes this ritual.

Temple of the Heart Ritual, 105 minutes / EUR 275

A sacred ancient alchemy ritual for heart healing rejuvenation and anti-ageing.

Heart Chakra activating ritual to assist emotional healing and welcome a state of love and trust.

Wildflower and White Sage and Crystal Medicine, Rose and Hibiscus flower petals foot soak. Heart chakra back massage with volcanic hot stones and solar-activated Wildflowers and Crystalline healing medicine; facial treatment with flower petal deep cleansing & exfoliating, seaweed purifying mask,

Six Senses Spa Mykonos at Belvedere Hotel

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Alchemy Transformation Ritual, 105 minutes/ EUR 345

A sacred ancient alchemy ritual that helps to 'transmute lower energies into higher frequencies', ultimate extravagant face and body anti-ageing treatment with 24K Gold.

Solar Plexus Chakra activating ritual, aiding in holistic healing and transformation, Moonstone crystal foot soak. Silk Foulard body massage to stretch tense muscles, Alchemy Facial treatment for ultimate anti-ageing, luminous look, instant lifting effect.

Mens Earth Star Ritual, 105 minutes / EUR 245

A sacred ancient alchemy ritual to activate an Earth Star of a man, face and body cleansing and purifying. Sacral Chakra activating ritual, allowing inspiration to be awakened and deepest desires to be revealed, so that dreams may come true. Moonstone crystal Foot soak, Olive Oil black soap body scrub; Sandalwood and Lavender volcanic hot stones back massage with solar-activated plant & crystalline medicine. Finishing with a black charcoal facial and back massage.

Savasana Signature Customized Facial, 60 / 90 minutes EUR 175/225

This ultimate luxury facial is meticulously tailored to individual skin care needs, and client desires targeted to heal, restore and transform your skin to its natural healthy glowing complexion.

Sacred Aura cleansing ritual with White Sage, Wild Holy Woods, and crystal essences to welcome an alignment of energy and a clarity of mind and body; Pranayama breathing exercises for complete balance of the self. Followed by a comprehensive skin diagnosis to prescribe the most suitable ingredients and individually selected healing skin preparations for the custom facial.

Heart Chakra Facial, 60/ 90 minutes EUR 155/195

Anti-ageing and rejuvenating facial with rose quartz crystal lymphatic drainage and three luxurious masks to completely re-energize and renew your skin, ready to face the world! An exclusive heart chakra ritual back massage to unite your heart and voice in one and bring you to a state of love and trust.

Shaman D-Tox Facial and Hair Treatment, 60/90 minutes EUR 145/185

Detoxifying, decongesting and cell-renewal herbal facial using highly active plant medicine extracts enriched with silver, minerals, amino-acids, and vitamins. A veritable elixir for cellular energy, to erase fatigue traces, balance oil, heal problematic skin, bringing back vitality and radiance.

Tibetan Bowls Sound Therapy, 60 minutes/ 95 EUR

Therapeutic sound vibrations of healing Tibetan bowls will help deeply relax, relieve stress and tension as a result of hyperactivity, eliminate painful sensations and aid emotional healing, while balancing your Chakras to align mind and body, releasing into a deep transcendental meditation, supporting positive holistic transformation.

Pranayama Breathing and Meditation, 60 minutes/ 95 EUR

'If you change the world inside of you – the world around you will also change'. This practice helps to become more aware of ourselves and of the reality around us, aiding in calming the flow of thoughts and negative emotions, relaxing the physical state of our body, achieving peace and quiet in the mind. This is also an effective tool that teaches observation of our inner self, helps solve problems, develop satisfaction, gratitude, and happiness within, and reject external circumstances out of our control.

Chakra Activation Session, 60 minutes/ 95 EUR

The universe we are in is composed of matter known as PRANA. Prana is the breath of life and has different densities. As a consequence, the physical senses cannot notice it. Prana control allows our senses to become more subtle, and then they can pick up other vibrations.

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